

Date May 6th, 2024

Time: 7:00 pm (Town Council Chambers)

Call to Order: Cindee Schlossberger called meeting to order at 7:00 PM.

- Claresholm and District FCSS Board of Directors
- General Meeting
- In attendance: Director Barbara Bell, Chair Cindee Schlossberger, Councilor Diana Ross, Councilor Kandice Meister, Vanessa McKenzie, Delma Austin, Barb Bell (Director) and Lisa Anderson (Writer)
- Regrets: Earl Hemmaway

Adoption of Agenda: Diana moved adoption of agenda with additions of Healthy Aging in Other Business and a counsellor in New Business. AIF

Approval of Previous Minutes: Delma moved the minutes from Monday March 4th, 2024. AIF

Correspondence: Please see attachments in board package, FCSS 101 Slides (a good refresher), FCSSAA Newsletter (notable is training for Centered Performance Practices -5), FCSSAA Board Highlights, and FCSSAA Survey Summary of FRN (Family Resource Network).

Staff Reports: See detailed staff reports included in the Board Package for Director, and Outreach, Youth of Tomorrow (*No Report this month, continues to be 2 participants only*), and Senior Services (*No Report this month*).

Notable mention is the Junior Teen Group which now has 12 participants. 450 Taxes were filed, and these clients were all seen twice.

Volunteer appreciation – 240 People. Everyone enjoyed the meal.

Monthly Log – Not completely accurate as March and April were very busy and many clients were not recorded.

New Business: Program offered at Kaz's Service LC2 (Love your Car, love your Community) \$5 from services such as oil changes etcetera goes to FCSS. In March, FCSS received \$145.00. April is TBA.

RDN Budget for Homelessness Prevention. This is a one-time application and helps with damage deposits, rent that is in arrears. FCSS pays ahead and submits receipts. Expenses are paid directly, not paid to the client.

Westwinds Communities. Helping with subsidizing Claresholm residents requiring help with rent. Some residents are experiencing rent increase more than once a year. Westwinds will send an employee to Claresholm once a week to meet with eligible clients.

At the Director's Network in Grand Prairie, there was discussion over having graduate students come to Claresholm to do their counselling practicum. They would meet clients at the FCSS Office. A stipend of \$50 per week is required to pay for the supervisor of the student. It was decided that Barb would discuss with the mental clinic in Claresholm to see if there is a need for this, and if it would be useful given the resources that we already have.

Other Business: Director's Network in Grand Prairie was a great conference, lots of activities, and the keynotes were "Work-Life Balance" and "Laughter". Brainstorming sessions were quite useful as well.

Healthy Aging Event: CORE ALBERTA corealberta.ca



This is senior centered and is a great resource (Collaborative Online Research and Education)

Check out *Maturepreneur 55+

And *Men's Sheds – a voluntary grouping of men giving them purpose, and conversation with other men and utilizing any skills they have (handiwork, plumbing etc). Difficult to start in Claresholm but there is a \$500 start up grant. Currently, there are 28 Men's Sheds in Alberta.

Adjournment: Delma moved to adjourn at 8:00 PM.

Next Meeting: Monday June 3, 2024, @ 7:00 PM

	Date	Signature
Chair Approval	<u>June 5 / 24</u>	<u></u>
Director Approval		<u></u>