

## Foot Care

### Tasha's Travelling Toes

Natasha McAuley  
403-489-0543

### Darlene Wolff

403-682-9176

### Trevor Sturwold

403-715-3259

## Home Help/Respite

### MyCare

12Mycare@gmail.com  
403-489-7407

### LS Cares

Lynda Symington  
403-607-3117

### Claresholm Care Assistant

Kim Prout  
587-223-4889

### Claresholm Senior Care

Laureen Carlson  
403-489-2914 or 604-999-7939

## Appliance Repair

### Dave's Appliance Repair

403-489-2914

## House & Yard Services

### Bronson Enterprises

Jordie Bronson  
403-489-0556

### Odd Jobs & Random Tasks

Gaven Moore  
403-625-3452

### Renos by JT

Tom O'Dell  
403-625-8803

### Stress Free Yardworks

Max Peddle  
403-625-7108

### Jeremy Brehaut (lawncare/snow)

403-625-0759

## House Cleaning

### Melissa Manshanden

403-869-1824

### JM Cleaning Services

403-682-9523

### Penny French

403-915-6515

### E.C. Cleaning Services

587-973-0904

## Legal Assistance

### Monyo Law

Jen Monyo-Maina  
403-625-2880

### North & Co.

403-625-4404

### Walsh LLP

403-267-8432

### Pollock & Co.

403-625-5000

## Plumbing & Heating

### Porcupine Hills Plumbing & Heating

Kelly Fowler  
403-625-0216

### McCance Plumbing & Heating

403-625-6644

### Smig's Plumbing & Heating

Shane Carlson  
403-625-9399

### Upper Decker Plumbing

Kyle Hillmer  
403-359-1005

## Yardwork Volunteers

### LDS Missionaries

403-613-4996